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The One Goal Is Back! This time in partnership with Dear Football a Danish charity supporting football projects in African countries. Our latest campaign #ShirtsForGirls aims to raise money for El Cambio Academy, a girls' football academy in Uganda. The girls' football programme has been set up at El Cambio Academy to demonstrate that girls can and will get the same opportunities as ...

The One Goal Organization | Support us with your donation!

"One Goal has made me feel optimistic about the country I live in. The vibrant, colorful and courageous characters will make you smile. The coach of the Blue Devils, Mike McGraw, is the kind of man you wish your own kids could learn from- and he teaches a lot more than soccer. One Goal is about so much more than sports. It illustrates how powerful and transcendent teamwork and community can be."()

One Goal: A Coach, a Team, and the Game That Brought a ...

Goal Master have been incredibly flexible throughout our relationship, they've worked around major work-flow peaks, heavy travel and extended paternity leave. The sense you get is that they want you to succeed, and they are willing to adapt their programme to fit in with the demands of your professional and personal life.()

Health, Fitness & Nutrition Coaching - Goal Master

As the author states: "If you ever failed to achieve your goals in the past, The One Goal will provide you with the exact blueprint you need to achieve any goal for the rest of your life." This is a step-by-step blueprint to do exactly that.

The One Goal: Master The Art of Goal Setting, Win Your ...

Support Student Empowerment. In communities where students typically have a 22% chance of graduating from college, 86% of OneGoal high school graduates enroll in a postsecondary institution and 76% of those who persist one year after high school graduation.

About | OneGoal

Exactly opposite research findings now prove that what some researchers have defined as performance goals are not the ones in the minds of students(e.g., Harris, Yuill & Luckin) since the types of suitable goals are context-bound . indeed, a combination of mastery and performance goals are necessary in one's success!

Mastery vs Performance Goals: Why the Type of Goal You Set ...

"One Goal has made me feel optimistic about the country I live in. The vibrant, colorful and courageous characters will make you smile. The coach of the Blue Devils, Mike McGraw, is the kind of man you wish your own kids could learn from- and he teaches a lot more than soccer. One Goal is about so much more than sports. It illustrates how powerful and transcendent teamwork and community can be."()

Amazon.com: One Goal: A Coach, a Team, and the Game That ...

"This course is filled with great tips that can help in setting and achieving goals, very practical, but if I had one tip for everyone reading this. Make sure you do it step-by-step instead of watching it through THEN attempting to implement. ... *Connect with Successful People* and become a master of social skills *Travel the world* on a ...

Free Goal Achievement Tutorial - Goal Mastery. The Art of ...

The year is 1555, the middle of the Warring States period, and one young man holds on to a very big dream. That young man, known as an empty-headed fool, is none other than Oda Nobunaga. Enchanted ...

What if that dream that you hold in your mind was actually possible? As Napoleon Hill wrote, a goal is a dream with a deadline, but having a deadline is merely the beginning. How do you ensure that you actually achieve your goal? After all, 92% of people who set New Year's Resolutions don't stick to them. In this book you'll learn the exact blueprint to achieve all the goals and dreams you're most excited about More specifically you'll learn: How to set goals fully aligned with your personal values to build lasting motivation and unstoppable enthusiasm The blueprint to develop an unbeatable mindset and achieve insanely demanding goals The Bullet-Proof Timeframe to boost your perseverance The Mastery Mindset and its 5 Commandments so that you can achieve any future goal in any area of your life The Psychology of Expertise to shorten your learning curve and position yourself as an expert faster than you thought possible And much much more! You'll also get: A free downloadable workbook to ensure you take action toward your goal A free series of 10 videos to guide you through the process and build accountability Other additional resources to further help you with your goal If you ever failed to achieve your goals in the past, The One Goal will provide you with the exact blueprint you need to achieve any goal for the rest of your life. So, if you want more from life, don't wait, click the BUY button and grab your copy of The One Goal now.

In the tradition of Friday Night Lights and Outcasts United, ONE GOAL tells the inspiring story of the soccer team in a town bristling with racial tension that united Somali refugees and multi-generation Mainers in their quest for state--and ultimately national--glory. When thousands of Somali refugees resettled in Lewiston, Maine, a struggling, overwhelmingly white town, longtime residents grew uneasy. Then the mayor wrote a letter asking Somalis to stop coming, which became a national story. While scandal threatened to subsume the town, its high school's soccer coach integrated Somali kids onto his team, and their passion began to heal old wounds. Taking readers behind the tumult of this controversial team--and onto the pitch where the teammates vied to become state champions and achieved a vital sense of understanding--ONE GOAL is a timely story about overcoming the prejudices that divide us.

The Master Key System by Charles F. Haanel has changed the lives of millions of people.The Master Key Workbook will continue that proud practice.You have always dreamed about living a successful and rewarding life, both financially and emotionally. The Master Key Workbook will help you make all of your dreams come true and set you on the road to riches and self-mastery. Based on the timeless classic The Master Key System, this book combines motivational exercises that build your "thought muscles" with written worksheets to define and prepare you to attain your goals. Once you define your goals and are given the power to attain them, then you can accomplish anything! Some of the things you will learn from this book are...You will gain a complete understanding of the operation of the Universe and how your dreams can become reality.You will learn how to "train your brain" properly and efficiently, thus removing doubt and fear from your life.Putting your plans into action will be easier and results will come quicker than ever before.Goal-setting and goal-attainment will be a snap.You will magnetize yourself to opportunity and success.Your problems will seem to dissolve and your life will have fewer "speed bumps".Your life will be fuller, richer, and more purposeful.Based on the tried and true knowledge and wisdom of Charles F. Haanel, written in an easy and approachable manner, and including many exercises that will both entertain and enlighten, The Master Key Workbook will set every man and woman on the path to a prosperous and meaningful life.Prepare yourself to attain all of your dreams!

Written by Bill Beswick, renowned performance psychologist and mental skills coach with a wealth of experience for elite teams, including the English Premier League and high-profile teams like Manchester United, One Goal is the definitive guide to developing the mindset of a winning soccer team. It offers proven methods for producing team cohesion, flow, and success.

More than 500 appearances on national bestseller lists | #1 Wall Street Journal, New York Times, and USA Today | Won 12 book awards | Translated into 35 languages | Voted Top 100 Business Book of All Time on Goodreads People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions--and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH | LESS AND MORE. In The ONE Thing, you'll learn to * cut through the clutter * achieve better results in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you The ONE Thing delivers extraordinary results in every area of your life--work, personal, family, and spiritual. WHAT'S YOUR ONE THING?

Do you keep flitting from one goal to another? Do you hustle without having much to show for your efforts? If so, it's time for you to develop laser-sharp focus and achieve concrete results that will make a real difference in your life. Author and coach, Thibaut Meurisse, wants you to reclaim your focus. In his latest book, you'll learn exactly how to develop laser-sharp focus so that you can complete your key projects and achieve your major goals. Master Your Focus is a clear and concise walkthrough that demonstrates how to use the power of focus to achieve tangible results. Using Thibaut's straightforward instructions, you'll learn how to zero-in on key tasks and stick to them until you complete them 100%. In Master Your Focus, you'll discover: What true productivity really is (and how to master it) The 3 types of focus and how exactly you can develop each of them How to stop jumping from one thing to the next and finally complete your key tasks (and why this is so critical) How to dramatically reduce your learning curve by finding the right information and applying it effectively How to achieve more by doing less The 17 simple strategies to boost your focus And much more. Master Your Focus is your must-read guide to help you sharpen your focus and skyrocket your results long term. If you like easy-to-understand strategies, practical exercises, and no-nonsense teaching, you will love this book. Buy Master Your Focus to sharpen your focus today! This book is the third book in the "Mastery Series" below: Book 1 - Master Your Emotions A Practical Guide to Overcome Negativity and Better Manage Your Feelings Book 2 - Master Your Motivation A Practical Guide to Unstick Yourself, Build Momentum and Sustain Long-Term Motivation

DISCOVER:: How to Set Professional and Personal Goals That You Actually Achieve Do you often set goals that you never seem to reach? We're all filled with dreams and aspirations. Most long for fulfilling relationships. Some desire personal freedom. Others want fame and success. And some strive for profitable businesses. Wherever your ambitions may lie, goal setting can get you there. On the other hand, the wrong goal can leave you feeling frustrated and unmotivated. When you set a goal that's too lofty, it's easy to give up when your dreams don't turn into reality. We all have important milestones we'd like to reach. The trick is to create a plan and commit to it. Setting S.M.A.R.T. goals can help you do this. TAKE ACTION:: Focus on S.M.A.R.T. Goals and Get Real Results It's easy to set S.M.A.R.T. goals. Simply write down a desired outcome on a piece of paper and create a deadline for achieving it. The hard part is taking action. As you know, the Internet is full of books that talk about setting goals. The problem? Most don't talk about the daily actions (or habits) required to achieve them. In the book, "S.M.A.R.T. Goals Made Simple", you'll get a ten-step plan for setting and achieving your goals. Unlike other titles, this book will teach you how to turn any idea into an actionable plan. Not only will you get an overview of S.M.A.R.T. goals, you'll also get a blueprint for turning them into daily routines. DOWNLOAD:: S.M.A.R.T. Goals Made Simple -- 10 Steps to Master Your Personal and Career Goals "S.M.A.R.T. Goals Made Simple" contains a detailed blueprint of how to turn any major life goal into a doable daily plan. You will learn how to: ** Understand what makes a good S.M.A.R.T. goal ** Identify what you truly want to achieve ** Set goals for all 7 areas of your life ** Focus on three-month goals that are achievable ** Follow 5 steps for turning S.M.A.R.T. goals into habits ** Schedule the completion these habits with a weekly review ** Use mind mapping to identify every step for achieving a goal ** Track the daily progress of your goals ** Overcome five obstacles to S.M.A.R.T. goal setting ** Review your goals (the right way) and make sure you're staying on track ** Stay motivated by using the power of accountability Goal setting doesn't have to be difficult. You can achieve any major goal by following the right plan. And "S.M.A.R.T. Goals Made Simple" can help you do this. Would You Like To Know More? Download and start working on your goals today. Scroll to the top of the page and select the buy button.

Forging your own path is framework to read, learn and mold from. It's part of the blueprint that you use to map out the adventure of a life time. It's knowing that even the best laid out plans, sometimes fail. It's embracing the challenges and detours along the way. But it is not the know it all answer to solving your problems, another possible solution to forge your own path. More than anything else, it's becoming who you are, by undoing who you think you should be. It's defining your own rules and follow your own ideas, because that next one could change your life.

This workbook is an activity-based learning program aimed at improving lives and shaping futures. It's purpose is to inspire you, to motivate you, to help you realize your life can improve tremendously and your future can be brighter. You will learn what goals are; the top reasons why they are important; 10 categories of essential goals; how to accept your goals through a 7-step process; the newest and most comprehensive goal setting format developed in the last fifty years, SMART-ROADS; how to create good habits and eliminate bad habits; the common mistakes in goal setting; how to review your goals and be more productive; how to use self-assessment tools for success; critical 'soft skills' necessary in life; your true purpose in life; and why, through hard work, personal effort, simple guidance, and a belief in yourself, you can have an enriching life. If you are ready for a change, now is the time to learn how.

"Did you know that only a small percentage of the population has clearly written goals that they work on everyday? These are the people who end up achieving the most in life. If you're reading this, you've probably reached the point where you realize it might be beneficial to set clear goals in your life. I'm here to tell you that you're entirely right. You're now just one click away from making the decision to set goals for yourself. This is one of the most important decisions you can make in your life, and it can bring immense satisfaction. So start setting goals today. I promise you won't regret it!"--Amazon.